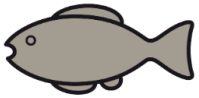
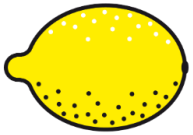
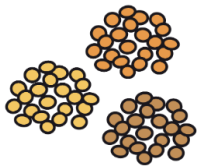
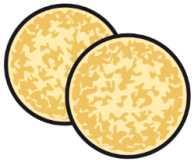
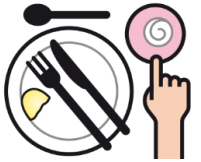
Speiseplan für die Woche vom: 10.11.2026 - 13.11.2026

Mo	 kein Essen					
Di	 Geflügel	 Soße	 Reis	 Salat	 Vanille-	 Quark
Mi	 Fisch	 Soße	 Kartoffelbrei	 Salat	 Zitronen-	 Joghurt
Do	 Nudeln	 Linsen-	 Soße	 Salat		 Pudding
Fr	 Pfannkuchen	 mit	 Schokolade	 Soße	 Rohkost	 Nachtisch

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